



December 18, 2022

## Resources and webpage from the PSEC Stewardship team

The PSEC Stewardship/Development Mission Team now has a page on the PSEC website with resources for churches, including the new OCWM video .

The Stewardship/Development webpage can be found by visiting [psec.org/stewardship-development-mission-team/](https://psec.org/stewardship-development-mission-team/) or by going to [psec.org](https://psec.org) and clicking the first sliding "banner."



## PSEC 2022 Giving Cut-Off

Books of the PSEC will close Jan. 16. All OCWM contributions for 2022 must be in our office by that date or they will be counted towards 2023 contributions. **Please mail your contributions as soon as possible due to possible mail delays.**



## "When Does Closure Become an Option Workshop"

A workshop will be held Feb. 4 in Limerick to create a safe space where difficult questions can be asked and information shared with congregations facing decline and potential closure. You will receive resources and hear about church closure experiences.

Watch an upcoming Communitas for more information including free registration information.

## From the Addiction & Recovery Taskforce: Recovery in the Holidays

### For the Recovering Person:

Holidays can be both joyous and difficult and it is necessary to keep recovery first!

12-Step recovery meetings are available around-the-clock during holidays. Meetings are a safe space to share concerns, fears, anger, gratitude, and joy.

When attending a holiday event, bringing a recovering friend provides accountability and strength to stay clean and sober. It is suggested that recovering persons discuss a plan with a sponsor, such as an early exit strategy. This is especially important if feeling overwhelmed or uncomfortable. If a person cannot legally drive, bringing another recovering person or even asking a family member to take them home is often the best solution.

Recovering persons should not feel obligated to attend holiday parties where there may be substance use.

### For Friends or Family Members of a Recovering Person:

If a loved one or friend is in recovery, consider having a non-alcoholic holiday. If alcohol is served, have other alcohol-free options available. Do not offer non-alcoholic renditions of a beverage as these are known triggers for people in recovery. Being patient, supportive, and compassionate during these times will make all the difference.

If a recovering person declines the invitation to attend, understand that this can be a life-or-death decision and should not be taken personally. Prayers and well wishes for a safe and happy holiday will be deeply appreciated.