From the Addiction & Recovery Taskforce: Step Twelve

Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

The Steps lead to an awakening of the spirit and this is evidenced by changes in our lives. We live by spiritual principles and carry a message of hope to suffering addicts. We realize that we keep what has been given to us by sharing what we have learned with others. This sharing is referred to as carrying the message and can be accomplished in a variety of ways.

We share our experience, strength, and hope; make new people feel welcome and help them learn the principles of recovery. The spiritual principle of Step Twelve is our selfless service to others. We received our recovery through God and we allow ourselves to be used by Him to help others who seek it.

The power of example by what we practice may be what is needed to enable a suffering addict to ask for help. God gives us the ability to help another addict when no one else can. We share our personal recovery experience but avoid offering our advice, because it can confuse our message. Carrying a simple and honest message of recovery from addiction proves to be the most powerful.

The first way we carry a message is to stay clean. We attend meetings, get involved in service work and others notice the changes happening within us. Our lives become worthwhile. We are happy to be alive because we are living and not just surviving. Honesty, humility, and open-mindedness are essential in our new lives.

God helps us as we help each other. We carry the message of hope as examples of the program working. We live clean and happy lives. The steps do not end here, they are a new beginning.

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**Holy Troublemakers & Unconventional Saints**

1 hour curriculum tutorial

Lucinda Megill Legendre, on behalf of the Racial Justice Initiative of the PSEC, will be offering a curriculum tutorial/training **Wednesday, September 21 at 7p.m.** via Zoom. Registration is free. Register at: psecholytrouble.eventbrite.com

This 12-lesson digital companion curriculum are designed for middle-grade children with activity options for younger and older participants. The lessons are designed to introduce children to the concepts of holy troublemaking as modeled by the people profiled in the book, *Holy Troublemakers & Unconventional Saints*, from diverse faiths, who worked for love, compassion, and justice, even when that rocked the religious boat. These lessons ask questions such as: What is holy and good trouble? What is not? What lessons can we learn from those who have gone before on this path? How do we keep our joy and inner peace while working for a world where all can flourish? What might my contribution be?

Some of the thirty-six “Holy Troublemakers” featured in the book range from Rumi, Harriet Tubman, Florence Nightingale to more modern folks like Thich Nhat Hanh, Rachel Held Evans, Brian McLaren, Rev. Wil Gafney and Fred Rogers, just to name a few.

There are three licenses available with corresponding pricing based on the size of your congregation. The lessons are written for either in-person or online, in church settings, or at home. They even offer a free digital version for whom funds are a challenge. The hardcover book, e-book and curriculum are published by Watchfire Media and are available on the following website: https://www.holytroublemakers.com