

## Step Six

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We were entirely ready to have God remove all these defects of character.

Oftentimes addicts will seek rewards without doing the work. We strive for the willingness to work this step and our desire for change will be proportionate to how seriously we work it! Many addicts cling to fears, doubts, self-loathing, or hatred because the pain is familiar and comfortable. However, indulging in our character defects clouds our ability to think clearly and drains us of all our time and energy.

We should approach our defects with an open mind. We become aware of them, yet still make the same mistakes. We learn that we are growing when we find that we are making new mistakes instead of repeating old ones. It is important to remember that we are human and should avoid placing unrealistic expectations on ourselves.

Rebellion is a character defect for addicts that can produce indifference or intolerance but this can be overcome with persistent effort. This step can put our faith to the test because we are not sure that God will relieve us of them. We continue to pray for willingness and share our feelings with others in recovery. Even if we are not entirely ready, we follow the simple suggestions of the program.

Eventually faith, humility, and acceptance replace pride, fear, and rebellion. We begin to feel better about ourselves and our willingness grows into hope. With a vision of our new life, we put willingness into action and move on to Step Seven.