

Step Twelve

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Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

The Steps lead to an awakening of the spirit and this is evidenced by changes in our lives. We live by spiritual principles and carry a message of hope to suffering addicts. We realize that we keep what has been given to us by sharing what we have learned with others. This sharing is referred to as carrying the message and can be accomplished in a variety of ways.

We share our experience, strength, and hope; make new people feel welcome and help them learn the principles of recovery. The spiritual principle of Step Twelve is our selfless service to others. We received our recovery through God and we allow ourselves to be used by Him to help others who seek it.

The power of example by what we practice may be what is needed to enable a suffering addict to ask for help. God gives us the ability to help another addict when no one else can. We share our personal recovery experience but avoid offering our advice, because it can confuse our message. Carrying a simple and honest message of recovery from addiction proves to be the most powerful.

The first way we carry a message is to stay clean. We attend meetings, get involved in service work and others notice the changes happening within us. Our lives become worthwhile. We are happy to be alive because we are living and not just surviving. Honesty, humility, and open-mindedness are essential in our new lives.

God helps us as we help each other. We carry the message of hope as examples of the program working. We live clean and happy lives. The steps do not end here, they are a new beginning.