



August 14, 2022

From the Addiction & Recovery Taskforce: Step Nine

We made direct amends to such people wherever possible, except when to do so would injure them or others.

Shortcomings such as pride, fear, and procrastination can stand in the way of progress and growth. We make the amends we can and are ready to accept the reactions of the people we harmed. Amends are made when the opportunity presents itself. If amends are not possible at the present time, we remember to hold on to our willingness. It is often necessary to take guidance from others in these matters.

Unresolved conflicts may still exist and we humbly ask for understanding of past wrongs. Amends can be made both directly and indirectly. We do not have the right to contact someone who may still be hurting from our misdeeds. Step Nine helps us with our guilt and helps others with their anger. Sometimes the only amend is to stay clean.

We learn to contribute to our society and communities. We begin effectively relating to others and our own physical pain and mental confusion is lessened.

Through humility and patience, our relationships can be restored and the change within us becomes more easily accepted.

Courage and faith are key components in making an amend and spiritual growth results. We are slowly freeing ourselves from the wreckage of our past and we continue moving forward with a personal daily inventory in Step Ten .

Lay Leadership Support Group

A Lay Leadership Education Team has been formed to be a support team for Consistory Presidents and/or representatives. Wouldn't it be helpful to have a place to ask questions, find support, and to learn from each other. It is comforting to know you are not alone. Pre COVID several Consistory Presidents and/or representatives started gathering once a month. It was a great place to gain support, knowledge and form friendships. We are revising this gathering.



This first meeting will be in person in the Lansdale area. Future locations to be decided by attendees.

Date of event: Saturday, September 17th
Times: 10:00 am—12:00 pm

For free registration use this link:
psecclaylead917.eventbrite.com



Quiet Days

1st Tuesday of Every Month

Come away for a time of quiet and solitude, individual reflection, and fellowship and sharing. Quiet Days are held on the first Tuesday of each month from 9:30 am-1 pm.

Quiet Days are designed to open new avenues of communing with God, and to provide an opportunity for sharing faith journeys and stories. They allow for Sabbath time and renewal in the midst of our busy world. There is no formal registration, but a minimum donation of \$5 is requested on Quiet Day. **Each participant is asked to bring a Bible, journal, pen and a bag lunch.** Come and see what God has in store for you!

For more information go to psec.org, click on the Calendar and click on the first day of every month for location and more information!