



July 31, 2022

## From the Addiction & Recovery Taskforce: Step Seven

We humbly asked Him to remove our shortcomings.

Shortcomings bring us to a state of desperation and we're ready to make the decision to have God remove these destructive aspects of our personalities. Humility is the spiritual principle of Step Seven and is a result of getting honest with ourselves. Accepting ourselves as we are is what it means to be truly humble.

We take action by asking God for help and relief. Relief comes not only from God, but by accepting feedback and direction from other addicts. We are sick of what we have been doing and how we are feeling. A variety of different methods are used to show willingness while working this Step. Some pray quietly, while others share openly about their process.

Action and prayer help us to not focus on ourselves, but rather on the will of our Higher Power. Accepting the defects of others paves the way for relief from our own defects. God works through those in recovery to bring light to our individual shortcomings. We become ready to let go and let God. We have begun our road to spiritual growth and continue with Step Eight.

## Open Positions on PSEC Committees Are YOU Interested ?

Click on the qr code at right to be connected to the PSEC website and open positions, and their descriptions, on PSEC Committees.

The web page will tell you whom to contact if interested in any of the open positions.



## Lifting Up Our 2022 Anniversary Churches

### Celebrating 125 Years of "Being Church"

#### Trinity UCC, Reading

Pastor since 2008—Rev. Debbie A. Derby

Trinity UCC is a caring community of Christ's followers helping people come to know Jesus through the word of God!

Our aim is to be a congregation where all of God's people feel welcomed and receive God's care through God's people. Our desire is to follow the Great Commission given to us by our Lord, "Go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you." (Matthew 28:19-20a) We seek to follow and teach the Word of God, the Bible, in all our church activities and ministries.



### Celebrating 25 Years of "Being Church"

#### Olivet-Schwenkfelder UCC, East Norriton

Pastor since 2009—Rev. Leslie Mamas

At Olivet-Schwenkfelder you will find an Open and Affirming community of faith, welcoming all people into the full life and ministry of the church—without regard to race, gender, or sexual orientation. We strive to proclaim God's love as shown to us through our Lord and Savior, Jesus Christ, while growing in faith, fellowship and humble service to others.

We gather together as a Christian community to glorify God, to pray and praise God, to learn and nurture our faith, and to support and love one another. To listen to others and be aware of the moment and the events of the day, so we do not miss the opportunity to serve God!

