



August 8, 2021

From the Addiction & Recovery Taskforce: Devastating News

New York Times, July 14 : "As Covid raged, so did the country's other epidemic. Drug overdose deaths rose nearly 30 percent in 2020 to a record 93,000, according to preliminary statistics released Wednesday by the Centers for Disease Control and Prevention. It's the largest single-year increase recorded."

Narcan could have saved these lives.

This is the National Institute on Drug Abuse information on Narcan:

"Naloxone (Narcan) is a medicine that rapidly reverses an opioid overdose. It is an opioid antagonist. This means that it attaches to opioid receptors and reverses and blocks the effects of other opioids. Naloxone can quickly restore normal breathing to a person if their breathing has slowed or stopped because of an opioid overdose. But, naloxone has no effect on someone who does not have opioids in their system, and it is not a treatment for opioid use disorder. Examples of opioids include heroin, fentanyl, oxycodone (OxyContin), hydrocodone (Vicodin), codeine, and morphine. Families with loved ones who have opioid addiction should have naloxone nearby; ask their family member to carry it; and let friends know where it is. People should still call 911 immediately in the event of an overdose."

The PSEC Addiction and Recovery Taskforce is working to get Narcan in the hands of every congregation in the PSEC. The Narcan can be used in a congregational emergency or given to a family in need. There is no liability if you use Narcan and have taken a short training in its administration. The Taskforce has posted a link to an excellent 12-minute video training for which you can get a certificate on our PSEC webpage. For more information contact the PSEC taskforce member in your county. Contact information for the county taskforce representatives is on our PSEC webpage (psec.org).

It's All About ...Boundaries 2021 Lay Boundary Training



Boundary Training is not just for Pastors....it also pertains to members of our churches!

Your church should be safe for all congregants!

Discussion will include: healthy boundaries, varieties and levels of seriousness of boundary crossings and the psychological health we all need to establish boundaries

Facilitator: Rev. Dr. Stephen R. Treat

August 26th - 6:30 pm—8:30 pm - via Zoom

There is no fee for this workshop, thanks to your OCWM contributions!

For a flyer and a link to registration, go to:

<https://psec.org/event/lay-boundary-training-2>



**PSEC Fall Meeting
November 14, 2021**

Details to follow in the near future!