

PNEC Ministry Day 2020

Saturday, October 24, 2020

9AM to 3PM via Zoom – COST: \$25.00

***CARING FOR OUR MENTAL AND SPIRITUAL HEALTH
(attendance for the day will count as either the Cultural Competency requirement or 4
hours of continuing education.)***

Schedule for the Day

| | | |
|-----------------|---------------------------------------|------------------------|
| 9 am | Theological Reflection | Lee Barrett |
| 9:30 am | Mental Health & the Church | Megan Snell |
| 11 am | Break | |
| 11:15 am | Mental Health & the Church | Megan Snell |
| 1 pm | Lunch break | |
| 1:30 pm | Listening to the Spirit | Bruce Stevenson |
| 2:30 pm | Closing Thoughts and Questions | |

Mental Health & the Church

Topics include:

- Depression and Anxiety in the church
 - Maintaining mental health while serving in ministry as clergy and laity
 - Pastoring while living with a mental health condition-- including disclosure to congregation and/or wider church staff
 - Biblical and historical examples of faithful ministry with regards to mental health
 - Introduction to becoming a WISE church w/ the United Church of Christ
- There will be space in this presentation to think through your own strategies for mental health wellness, the ways in which your life experiences may be impacting your ministry and additional resources will be suggested for further learning and engagement.

Materials:

No documents will be necessary for participants to have before or during the presentation. I will be sharing my screen from time to time in order to facilitate note-taking and pose questions to those participating. Please have paper and a writing utensil handy during the presentation.

Listening to the Spirit

A portion of Ministry Day will be spent learning how to use this tool and how its implication can assist local congregations in setting goals for its current and future mission, particularly timely given how the COVID-19 pandemic has forced change upon the church. Based on the experiences of their own congregation participants will take the online survey which shall then be tallied by the Center for Parish Development and presented as a “mock congregation.” Participants will then be brought through a process that will imitate a congregational process.

MORE>>>>

Listening to the Spirit is a congregational analysis tool designed to initiate and guide a conversation process for a leadership team designed by the Center for Parish Development. It uses an online survey based on a systems model of the church. It enables a leadership team to expand its field of awareness leading to a rich dialogue, learning from one another's experience. This dynamic process of growth and learning enables a leadership team to listen to the Spirit as it forms a consensus build a shared agenda. Key areas are named where there is both energy and the priority for action. This work can provide awareness, motivation and focus for leading your congregation to address opportunities in the year ahead.

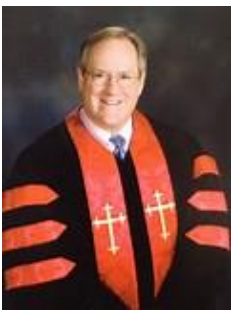


MINISTRY DAY PRESENTERS



Rev. Megan Snell is an ordained pastor in the United Church of Christ. She has served at several Boston Metro area churches. A lifelong member of the UCC, Rev. Megan has experienced the depth and breadth of theological and cultural diversity in our denomination. In the wider church, Rev. Megan serves as a Board Member of the United Church of Christ Mental Health Network. She also writes for the MHN Blog and other national publications. Rev. Megan also serves as co-moderator of the UCC 2030 Clergy Network, a network of several hundred UCC Clergy nationally, who share resources, collaborate, and provide collegial support for one another.

Lee Barrett has taught at Lancaster Seminary since September 1993. Prior to this, Lee taught theology at the Presbyterian School of Christian Education in Richmond, Virginia. Lee's interests include the relationship between the doctrinal traditions of the Christian churches and contemporary culture. He is the author of essays concerning the present-day implications of the theology of the Reformed tradition, as well as the thoughts of Søren Kierkegaard. Lee is particularly interested in the theological significance of literature and the visual arts.



Rev. Dr. Bruce Stevenson is the Lead Pastor of Faith U.C.C. in Center Valley. Bruce studied Family Emotional Process in Church Systems Leadership with Dr. Edwin Friedman for four years and continues his studies with Dr. Friedman's faculty at the Center for Family Process. Bruce is also a licensed coach for the Center of Parish Development.

~~~~~ REGISTRATION ~~~~~

**DEADLINE TO REGISTER IS September 30...in order to be included in the survey!**

**TO REGISTER:** Email [patty@pniec.org](mailto:patty@pniec.org) (Patty Rehrig OR fill out the slip and return with your \$25.00 check made payable to PNEC to: Penn Northeast Conference, 431 Delaware Avenue, Palmerton, PA 18071. **OR** register and pay through Tithe.ly at <https://tithe.ly/event-registration/#/2346083>

NAME \_\_\_\_\_ E-mail Address \_\_\_\_\_

Phone # \_\_\_\_\_ Name of Conference \_\_\_\_\_